

T I M E

management

HOW SHOULD WE VIEW TIME?

How frustrated are you when time doesn't go as planned?

1 (not very) 2 3 4 5 6 7 8 9 10 (very frustrated)

How often do you feel like you never have enough time?

1 (rarely) 2 3 4 5 6 7 8 9 10 (always)

How tightly do you control your schedule so you stick to it?

1 (loosely) 2 3 4 5 6 7 8 9 10 (tightly)

Add up your score! If you're higher than an 18, we'd encourage you to adjust your view on time. Remember that nothing you do will ever allow you to truly control your day! Instead, seek to surrender your time to the Father and ask him to direct the minutes in your day.

(See: Proverbs 16:9, 27:1; Psalm 90:2; James 4:13-15)

HOW SHOULD WE USE TIME?

How often does your schedule impact your relationships?

1 (rarely) 2 3 4 5 6 7 8 9 10 (frequently)

Do your responsibilities allow you to focus on following and abiding in Jesus?

1 (always) 2 3 4 5 6 7 8 9 10 (rarely)

In your mind, is time a gift we can use to serve God and others? How often do you sacrifice your time?

1 (yes, often) 2 3 4 5 6 7 8 9 10 (no, rarely)

Add up your score! If you're higher than an 18, we'd encourage you to adjust the way you use your time. Remember that time is a gift to be given to the Father's service! Surrender your time to God and ask him to lead you toward the ways He wants you to spend your time.

(See: 1 John 2:17; John 9:4, 15:4-5; Ephesians 5:15-17)

HOW SHOULD WE MANAGE TIME?

How often do you worry about the future/think about future tasks?

1 (rarely) 2 3 4 5 6 7 8 9 10 (always)

Do you find yourself sacrificing important things for urgent things?

1 (rarely) 2 3 4 5 6 7 8 9 10 (frequently)

How often do you set aside time to worship and abide in the Father?

1 (daily) 2 3 4 5 6 7 8 9 10 (hardly ever)

Add up your score! If you're higher than an 18, we'd encourage you to adjust the way you maintain your time. Remember that the Lord has only called you to live in the present. Surrender your time to the Father and ask him to help you abide in the present with Him.

(See: Matt. 6:25-34, 11:28-30; Romans 12:1-2; Philippians 4:11-13)